ATOMY

Rhodiola Milk Thistle

Rhodiola Milk Thistle multi-formula for your healthy liver

Milk Thistle Extract
Rhodiola Rosea Extract
Vitamin B

Natural Health Product
600mg X 120 Tablets (72g)

Rhodiola Milk thistle multi-formula for your healthy liver!

Product Name	Atomy Rhodiola Milk Thistle
Product Type	Natural Health Product
Content	600mg X 120 Tablets (72g)
Manufacturer	Kolma BNH Inc. (SBT)
Ingredients	Milk Thistle Extract (Spain), Rhodiola Rosea Extract (France), Calcium Pantothenate, Vitamin B6 Hydrochloride, Vitamin B1 Hydrochloride, Vitamin B2, Microcrystalline Cellulose, Lactose Mixed Powder (Lactose, Dextrin), Hydroxypropyl Methylcellulose, Calcium Mixed Powder (Calcium Carbonate, Food Starch Modified), Paecilomyces Japonica Extract Powder, Magnesium Stearate, Calcium Carboxymethylcellulose, Amino Acid Powder (L- Leucine, L- Isoleucine, L- Valine), Wild Turmeric Extract, Choline Bitartrate, Glycerin, Fatty Acid Ester Mixture (Glycerin Fatty Acid Ester, Propylene Glycol, Citric Acid), Broccoli Extract Powder, Inositol, Annatto Pigment, Monascus Red Pigment, Nicotinic Acid Amide
Intake Instructions	Intake 1 tablets with water, twice a day

Amount per day: 2 Tablets (1,200 mg)		
Nutrition	Amount	% Daily Value
Calories	5 kcal	
Carbohydrate	1 g	0 %
Protein	0 g	0 %
Fat	0 g	0 %
Sodium	0 mg	0 %
Silymarin	130 mg	
Rosavin	5 mg	
Vitamin B1	1 mg	83 %
Vitamin B2	1.2 mg	86 %
Vitamin B6	1.3 mg	87 %
Pantothenic Acid	4.1 mg	82 %

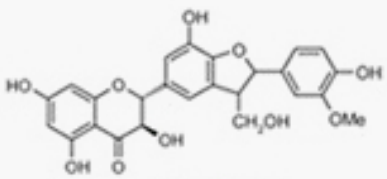
- Milk Thistle Extract : Helps liver health
- Rhodiola Rosea Extract : Promotes fatigue release and recovery
- Vitamin B1 : Essential for carbohydrates and energy metabolism
- Vitamin B2 : Essential for internal body energy
- Vitamin B6 : Essential for protein and amino acid. Balances Homocystein level in blood.
- Pantothenic Acid : Essential for fat, carbohydrates, and protein metabolism.

What is Milk Thistle?

Milk Thistle is

a thorny plant in Asteraceae, also known as Silybum Marianum(L.) Gaertn, or Cardus Silybum.

- Fruits and seeds of Milk Thistle are edible.
- Herbalists traditionally used Milk Thistle to protect liver. Europe and many other countries use Milk Thistle as natural health product because Silymarin in Milk Thistle is well known for anti-oxide activities that protect liver cells.
- Milk Thistle Extract is mainly composed of Milk Thistle, and 320~60 mg/g of Silymarin.



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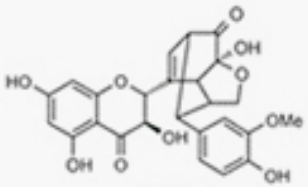

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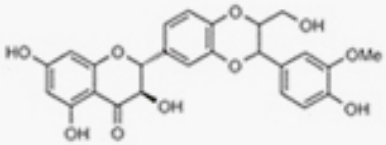

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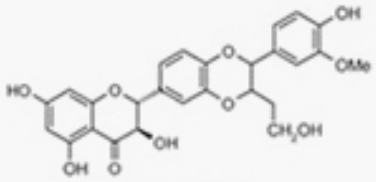

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What is Rhodiola Rosea?

Rhodiola Rosea is
a perennial flowering plant that grows naturally in northern regions of Korea, such as Mountain Baekdu. It usually grows in rock crevices in forest or valley. It is from 5 to 40 cm tall, fleshy, and has several stems growing from a short, scaly rootstock. Its flowers have 4 sepals and 4 petals, yellow to greenish yellow in color. After flower withers, it bears 4 fruits in size of 6~8mm.

Function : Promotes fatigue releases and recovery.
Intake amount : 200~600 mg/day

Liver

- The largest organ in our body with weight of 1~1.5 kg
- Nutrition Storage, Detoxification

Causes of Liver Hypofunction

- Drinking
- Fatigue
- Stress

Why do we need Liver supplements?

- Liver cancer or hypofunction is hardly recognized by our body even when 70% of organ has been damaged.
- Statistical records show that liver related diseases are increasing at a fast rate.

Target Consumer

- Individuals who need to improve their liver health
- Individuals who want to boost nutrient metabolism
- Individuals who work long hours and often have late-night meals
- Individuals who find it difficult to manage their health due to busy schedule
- Individuals looking to improve their liver metabolism
- Individuals suffering from fatigue caused by stress
- Individuals who are easily fatigued